

Jnana Mai *Original Chant written in honor of Mother Wisdom – She who is the divine mother.
Words by Tom Wolfe and Music by Ariana Lightningstorm

Jnana Mai, Jnana Mai, Jnana Mai, Jnana Mai
This is my song. I come singing to Jnana Mai, to She who makes the fields of green.
She I have heard. She I have seen.

She makes the waters fall from the sky, Jnana Mai, as tears fall from the suffering eye.
She I have heard. She I have seen.

She is worthy of praise, she who holds the healing herb.
She I have heard. She I have seen.

Walking I come with herbs burning for her.
She is Mother to All, son or daughter, son or daughter.

She is worthy of praise...

Caribou Skin Hut *Traditional Alaskan Chant from the Gwitchin Tribe in honor of the Caribou. It was taught to Amikaeyla by the powerful Woman Activist Mother Sarah James who spent years fighting congress to preserve the Arctic Refuge from being ravaged by hungry oil drillers – saving millions of wildlife and preserving a culture thousands of years old. This song was written by her great grandfather.

21 Praises of Tara *This is a chant to Green Tara who is called by many the female Buddha. The melody we use in this version of the chant is a traditional Bhajan (sacred song) melody developed by Bhagvan Das. I heard this melody for the first time when I saw Prema Desara's Mandala Dance of the 21 Praises of Tara a few years ago and was deeply moved by the music, dance and the offering of love that it represented. Prema has traveled the world for many years teaching the dance to many groups, including the Tibetan nuns in exile in Nepal. She has been invited to present the 21 Praises of Tara Dance to His Holiness the Dalai Lama, who proclaimed the dance, "wonderful." For more information on Prema and her work go to <http://www.traveling-light.net> - Ariana

Gela *Traditional Ethiopian Chant in honor of the most high – Great Spirit. Amaframahijeo chant was created in honor of the shamanic death experience by Amikaeyla following being run over by a truck. Amaframahijeo was the phrase heard as spirit left my body which means in Sanskrit "from mother to mother God"
Prayer (not complete) in Arabic called Du'a Kumayl was spoken by Amikaeyla and shared with us by our friend Ahmed Hayat.

Serpent Woman

Written by Amikaeyla Proudfoot Gaston @ 2000
Lead Vocals : Amikaeyla Proudfoot Gaston , live version with band : Bottomland (www.bottomland.org)

I've got blood, running down my chin
Cuz I bit my tongue when I wanted to speak again
And I've got roots slipping down my spine
But they cut off my trunk and my water's all gone
I feel like I'm gonna die
And I've got juice fillin up my vein
Punch a needle in it I got one in my pocket cuz I got a funny brain

chorus

*And if you hear me cry in the middle of the night
Don't you worry about me cuz I'm alright
And if you see me whisper only to myself - well
I'm casting a magic love spell and I spread it around to everybody else*

*Cuz I'm a serpent woman
I like the light of the black moon
Serpent woman
Make you wanna leave if you come too soon
I'm a serpent woman
Make you wanna scream
Cuz you can't believe you're a serpent woman too - but only in your dreams*

I got scales growin outta my back
Well I've been hanging in the garden with my buddy named Eve cuz we like it like that
And I've got thunder rolling outta my skull
Cuz I like to scream and shout and sweat it out
Lord knows my life ain't never been dull
And I may look young, but I'm really very old
I'm a soul sistah to medusa ain't it funny how my story's never been told

chorus

Amikaeyla Proudfoot Gaston -

Lead and supporting Vocals, Native American Frame Drum, Council Drum, Djembe, Dumbek, Eggun Stick, bells and assorted percussion.

Ariana Lightningstorm -

Lead and supporting vocals, Tibetan bell, chimes, Balanese bell tree

The OG Chant Tribe and Players:

Diana Sunday – vocals, guitar, sacred rattle, percussion

Jaqui MacMillan – Djembe

Tigré Cruz – Djembe, vocals, Dunduns, assorted percussion

Dave Landis – Native American flutes, Eagle Bone (style) whistle, vocals

Jim Brewster – Silver Flute, guitar, bass, banjo, vocals, Dumbek, Djembe, claves

Tim Sauerwein – Didgeridoo, vocals

Diana McFadden - Cello

John Wubbenhorst – Bansuri Flute

Ken Anoff – Cajon, bells, gong, assorted percussion

Wynne Paris – Sarod

Daveed Korup - Dumbek

Eve Jones – percussion

Tom Wolfe, Aaron Starr & Anowee – Chant Vocals

Photography, illustration & design – Steven Parke / imagecarnival
models – Tigré Cruz, Dave Landis and Cathy Dankewicz

